

For glucose-galactose intolerance

Galacto Start

For the dietary management of infants and children with glucose-galactose intolerance

Food for special medical purposes



DEFINITION AND INDICATION

Galacto Start is a formula for the dietary management glucose-galactose intolerance in infancy. It consists of cow's milk protein, carbohydrates (fructose), fat and is supplemented with vitamins, minerals and trace elements

DOSAGE AND APPLICATION

Galacto Start can be given as a sole source of nutrition for infants only or as supplementary food for children and adults. The daily amount of Galacto Start depends on age, body weight and individual medical condition of the patient. The dose of Galacto Start is to be monitored and adjusted by a physician regularly.

PREPARATION

Pour required volume of hot previously boiled water (cooled down to 50°C) into a feeding bottle. Add measured amount of Galacto Start, close the bottle and shake well until the powder dissolves.

Before feeding, ensure that the formula is at the correct temperature by placing a few drops at the inside of your wrist. Prepare bottle-food always fresh and discard unfinished feeds.

For children older than 1 year of age, Galacto Start can be made up as a sip feed:

Stir the prescribed amount of Galacto Start with a small amount of the required water with a fork until a smooth paste is obtained. Subsequently add the rest of the water while stirring.

Standard dilution: 13 g Galacto Start + 90 ml water = 100 ml preparation.

IMPORTANT NOTICE:

- Suitable as sole source of nutrition for infants
- As supplementary food for children and adults
- Must be used under medical supervision
- Powdered infant formula is not sterile
- Not suitable for parenteral use

PREPARATION TABLE:

Drinking volume	water	Galacto Start		Protein	Carbohydrates	Fat	Energy
ml	ml	g	= No. of scoops *	g	g	g	kJ / kcal
35	30	4,3	1	0,63	2,1	1,3	96 / 23
100	90	13	3	1,9	6,4	4,0	291 / 70
200	180	26	6	3,8	12,7	7,9	532 / 127

1 level scoop contains approx. 4,3 g

INGREDIENTS

Maltodextrin, vegetable oils (Palm oil, rapeseed oil, Palm kernel oil, sunflower oil), whey protein isolate (cow's milk), di-Calcium phosphate, Emulsifier E 472c, tri-Potassium citrate, Sodium chloride, Vitamins (A, D, E, K, C, B1, B2, Niacin, B6, Folic acid, Pantothenic acid, B12, Biotin), Magnesium Citrate, Choline bitartrate, Potassium Chloride, Taurine, Inositol, Emulsifier lecithine, Iron-II-sulfate, L-Carnitine-L-Tartrate, Zinc sulfate, Antioxidants Tocopherol-rich extract and Ascorbyl palmitate, Manganese sulfate, Copper sulfate, Potassium iodide, Sodium molybdate, Chrom-III-chloride, Sodium selenite.

NUTRITION FACTS

Nutrition facts per		100g	100ml*
Energy	kJ	2238	535
	kcal	291	70
Fat of which	g	30,8	4,0
saturated fatty acids	g	11,1	1,4
monounsaturated fatty acids	g	13,4	1,7
polyunsaturated fatty acids	g	6,3	0,82
Carbohydrates of which	g	49,4	6,4
Sugar	g	49,4	6,4
Fructose	g	49,4	6,4
Protein	g	14,7	1,9
Salt	g	0,40	0,05
Minerals			
Sodium	g	0,16	0,02
Potassium	mg	467	61
Chloride	mg	316	41
Calcium	mg	543	71
Phosphorus	mg	392	51
Magnesium	mg	48	6,2
Iron	mg	3,9	0,51
	mg		
Choline	mg	55	7,2
Inositol	mg	26	3,4
Taurine	mg	31	4,0

Nutrition facts per		100g	100ml*
Trace elements			
Zinc	mg	3,2	0,42
Copper	mg	0,38	0,05
Iodine	µg	55	7,2
Manganese	mg	0,44	0,06
Selenium	µg	9,2	1,2
Vitamins			
Vitamin A	µg	787	102
Vitamin D	µg	9,8	1,3
Vitamin E	mg	8,9	1,2
Vitamin K	µg	22	2,8
Vitamin C	mg	78	10
Vitamin B1	mg	0,4	0,1
Vitamin B2	mg	0,9	0,1
Niacin	mg	5,3	0,7
Vitamin B6	mg	0,5	0,1
Folic acid	µg	62	8,0
Pantothenic acid	mg	3,5	0,5
Vitamin B12	µg	1,1	0,1
Biotin	µg	11,8	1,5
Energy Relation			
Protein		11,0 %	
Carbohydrates		37,0 %	
Fat		52,0 %	
* Standard dilution: 13,0 g in 90 ml water			

PACKAGING: 400 g per can

SHELF LIFE: 24 months